

# NORTH DEVON DISPLAY GYMNASTICS CLUB

## MEMBERS CODE OF CONDUCT

**Registered Charity Number: 1158811**  
**British Gymnastics Club Number: 41609**

NDDGC expects Members to respect all club staff, coaches and fellow gymnasts. Be polite and courteous at all times. As a representative of North Devon Display Gymnastics Club you must display professional and respectful conduct at all times. Rudeness, insulting, threatening or racist behaviour, shouting, swearing, exclusion, physical or mental abuse will not be tolerated.

All participating members should adhere to the following guidelines both for their and others safety and enjoyment

### GENERAL

- Gymnasts should arrive on time and dress suitably for their class.
- Food and drink are not allowed in the gym at any time with the exception of water bottles.
- Shoes must not be worn in the gym at any time.
- Mobile telephone use is prohibited in the gym during class times.
- Please do not bring any valuables to gym class. NDDGC is not responsible or liable for any items lost or stolen.
- Any items left on the premises will be put in the lost property bins situated in the changing rooms; these will be cleared out once a term.

### DRESS

- The preferred dress code is leotard for girls, and leotard and shorts for boys. Girls may wear fitted shorts, and both boys and girls may wear a close fitting T-shirt if they wish. Torsos must be covered.
- ***There is a Club leotard that can be bought through the website but this is not compulsory. The Dance/Display Team also have a leotard that can be bought through the website. If a gymnast wished to take part in Club displays this leotard must be worn.***
- Gymnasts train in bare feet.
- No hoodies are to worn during training.
- All long hair should be tied back
- No jewellery, watches, piercings, are to be worn in the gym whilst training. Wearing these items invalidates your insurance??

### BEHAVIOUR

NDDGC has a zero tolerance approach to unacceptable verbal and physical behaviour directed towards staff and coaches. Any unacceptable behaviour will be taken very seriously and may result in the immediate expulsion from the club and permanent exclusion.

- For their own safety gymnasts should follow the instructions of the Coach at all times.

- Gymnasts must not climb upon or use any equipment unless instructed to do so by a coach
- All members are expected to maintain a good standard of behaviour at all times
- Failure to attend training sessions on a regular basis without good reason and notification may result in the member losing their place.

NDDGC operates a strict three strikes policy:

1. Any gymnast failing to meet behaviour standards will receive a verbal warning.
2. If the behaviour continues a written warning will be issued to the gymnast and their Parents/Carers
3. If the written warning has no effect the gymnast will be suspended or expelled from the club at the discretion of the Head Coach and/or Club Trustee Committee. No refund of fees will be given.

The Gymnast or his/her representative, has the right to appeal any decision within seven days of the above procedure.

**Notice must be sent to and received by the Chairperson of the Club within that seven days.**

**All discipline matters or complaints should be directed to the Head Coach or Club Chairperson.**  
**Contact through the Club email:** [membership@northdevongymnastics.org.uk](mailto:membership@northdevongymnastics.org.uk) or by letter to 9a Caddsdwn Ind Pk, Clovelly Rd, Bideford, EX39 3DX or Tel: 01237 475131

**Disruptive or threatening behaviour of any kind, including bullying,  
is unacceptable to this Club and will not be tolerated**